



Foxrock Cabinteely Gaa

Club Constitution

April 2016

Approved Club EGM : 28th April 2016

1. TITLE, OBJECTIVES AND COLOURS

- 1.1 The official Name of the club shall be **Carraig an tSionnaigh Chábán tSíle** the English version of which shall be Foxrock Cabinteely GAA Club.
- 1.2 The Objectives of the Club shall be the promotion of the aims of the GAA, as outlined in the Official Guide. (see Appendix 1 for Reference Documents of the Club & GAA)
- 1.3 The Membership, Income and Property of the Club shall be dedicated to and applied solely towards the promotion of these objectives.
- 1.4 The Club shall be based in both the communities of Foxrock and of Cabinteely, and their adjoining townlands, and shall seek to serve the communities in its activities to the best of its abilities.
- 1.5 The Club shall seek in particular to provide every opportunity to players of the local communities to participate in the games and activities of the GAA and shall provide encouragement to all (male & female) who are interested in developing their skills and capabilities related in any way to those activities supported by the Club.
- 1.6 The Club shall seek to treat all its members, players and teams in an equal fashion and shall at all times endeavour to be equitable in its dealings with every one of its members.
- 1.7 The Club Colours shall be a green and blue jersey, blue shorts, and blue and green socks, accommodating the individual colours of the two former clubs

2. MEMBERSHIP

- 2.1.1 All classes of members of the Club shall be elected by the Executive Committee, and such classes shall consist of Full, Honorary, Temporary and Juvenile. There shall be five types of Membership of the Club:
- 2.1.2 FULL MEMBERSHIP may be granted to persons, who having reached the age of eighteen years, subscribe to and undertake to further the aims and objectives of the Club and the GAA, as outlined in our Club Handbook (see Appendix 1) in the Club Policy and Club Principles sections.
- 2.1.3 Juvenile MEMBERSHIP may be granted to persons, not having reached the age of eighteen years, who subscribe to and undertake to further the aims and objectives of the Club and the GAA. They shall not be entitled to vote at an Annual or Special General Meeting.
- 2.1.4 FAMILY MEMBERSHIP may be granted to persons whose partner/spouse is also involved in the activities of the club and their children involved in club football, and undertake to further the aims and objectives of the Club and the GAA. Family members, having reached the age of 18 years shall be deemed to be Full Members as per 2.1.2.
- 2.1.5 HONORARY MEMBERSHIP may be granted to persons, who have reached the age of eighteen, and rendered exceptional service to the Club or to the games and/or activities of the GAA. They may be elected for life or for any defined period but unless otherwise stated in the minute made on the occasion of their election their membership shall

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terminate at the close of the current year but may be renewed by the Executive Committee from year to year. Honorary members shall have all the privileges of Full Members except in the management or control of the Club and they shall not be obliged to pay the membership subscription as provided for in the Club Constitution

2.1.6 SOCIAL MEMBERSHIP may be granted to persons, who have reached the age of eighteen years, subscribe to and undertake to further the aims and objectives of the Club and the GAA, but who do not seek full voting rights and rights to take part in the administrative affairs of the Club or the GAA.

2.2 Full Members (including Honorary Members) and Juvenile Members of the Club will also become Members of the GAA.

2.3 Once granted, Full Membership of the Club and the GAA shall continue, unless the member has been expelled or his resignation in writing has been accepted, in accordance with this Constitution and Rules or the Official Guide.

2.4 The rights of any member of the Club shall be conditional upon the member complying with the provisions of this Constitution and Rules and the Official Guide, including payment of any annual membership fee and levies.

2.5 Such rights may be withheld, restricted or suspended in accordance with this Constitution and Rules (Appendix 2) and the Official Guide.

2.6 Application for Membership

2.6.1 The person seeking admission as a member of any class other than honorary shall either register via Club On-Line facility or complete a prescribed application form which must be returned to the Club Secretary. Application for Membership must be accompanied with full payment of the Club's annual subscription.

2.6.2 Each application for new membership shall be considered by the Executive Committee on its individual merits. A decision by the Executive Committee to refuse membership may be appealed by the applicant to the Clubs Investigation Committee.

2.6.3 At the discretion of the Executive Committee, the foregoing procedure (Club Rules 2.6.1 and 2.6.2) need not apply in cases other than the election of Full Members.

2.6.4 An Application for Full or Social Membership must be either On-Line or on the prescribed form signed by the Applicant

2.6.5 An Application for Juvenile Membership must be On-Line or on the prescribed Form signed by the Applicant and one of her parents or Guardians.

2.6.6 Persons shall not be admitted to any of the privileges of Membership until after their election by the procedures stated in this Rule.

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- 2.6.7 If and when the Application for Membership has been accepted by the Executive Committee, the new Member's particulars shall be submitted by the Club Registrar to the County Board.
- 2.6.8 Once granted, Full Membership of the Club and the G.AA shall continue, unless the member has been expelled or his resignation in writing has been accepted, in accordance with this Constitution and Rules or the Official Guide.
- 2.6.9 The rights of any member of the Club shall be conditional upon the member complying with the provisions of this Constitution and Rules and the Official Guide, including payment of any annual membership fee and levies.
- 2.6.10 Such rights may be withheld, restricted or suspended in accordance with this Constitution and Rules and the Official Guide.

2.7 Breach of Club Rules or of the Official Guide

- 2.7.1 The Executive Committee shall have the power to investigate any matter, and to expel, suspend, warn, fine or disqualify Members from Club activities for breach of this Constitution and Rules (Appendix 2) or the Official Guide or for conduct considered to have discredited or harmed the Club or the GAA.
- 2.7.2 The notified person shall have 21 days from the date on the Club Secretary's notification to submit a response to the Club Secretary after which time the Executive Committee will take a final decision, taking all evidence and written submissions into account; the Executive Committee may request an oral hearing or if one is sought by the notified person shall agree to one, such hearing taking place within the stipulated 21 days.
- 2.7.3 If the person who is deemed to act in a way which is prejudicial to the interests of the Club is a member of the Executive Committee then that person shall temporarily relinquish their Club management responsibilities and shall immediately step down as a member of the Executive Committee and may take no further part in the management of the Club until a final decision has been reached by the Executive Committee.
- 2.7.4 Our Game-Our Code from the GAA has a detailed section covering Breaches of the GAA code. This is based on the Irish Sports Council 'Code of Ethic and Best Practice for Youth. Our club will follow and apply the process and procedures as out lined in these National documents. Our 'Club Codes, Policies & Procedures (Club Handbook)' Document, has these procedures are outlined in the Section 3 under the named section "Breaches of the Codes and the Complaints Procedure".
- 2.7.5 Unless the offence is brought to the notice of the County Board of the GAA by the Club, and that body, having considered the merits of the case and having regard to the rights of the player or member, confirms the penalty imposed, the member continues to be a legal member of the Association and is suspended from Club activities only

3. SUBSCRIPTIONS

- 3.1 The annual subscription of members other than Honorary members shall be determined by the Executive Committee and ratified at the Annual General Meeting; subscriptions are payable in advance from the beginning of each year in line with our registration calendar 1st June -31st May.
- 3.2 Any new to club playing member joining between 1 January and 31 May is granted their first membership through until May 31st of the following year
- 3.3 Any new to club playing member joining between 1 September and 31st December is granted their first membership at 50% discount to the standard normal membership rate.
- 3.4 The agreed Annual Subscription shall be payable on election and thereafter annually, in advance of the date and in the manner decided by the Executive Committee. The date set shall be a date prior to April 30th each year. Payment can be made also online through the club website.
- 3.5 Any member other than Honorary member whose annual subscription is not paid prior to May 31st in any calendar year shall cease to be a member on that date and shall not be eligible to participate in the games of any section of the Club, or to undertake any Club management responsibilities or to partake in any of the privileges attached to membership.
- 3.6 The Executive Committee shall have power to grant Temporary (Social) membership, under such terms as it shall think fit, to any person whose membership shall have lapsed under Club Rule 3.3
- 3.7 The Executive Committee may from time to time prescribe the payment of an Entrance Fee by new or lapsed members in addition to the Annual Subscription above.

4. EXECUTIVE COMMITTEE

- 4.1 The business and affairs of the Club shall be under the management of an Executive Committee, and it shall be the controlling body of the Club.
- 4.2 The Executive Committee shall be comprised of the Chairperson, Vice-Chairperson, Treasurer, Secretary, Registrar, Public Relations Officer, Children's Officer, Head of Development, Officer for Irish Language and Culture, one Players' Representative and two other Full Members.
- 4.3 Nominations to serve on the Executive Committee shall be by any two Full Members whose membership fees are paid up to date in accordance with Rule 6.2 and who are not suspended or disqualified under this constitution and Rules or the Official Guide.
- 4.4 The Executive Committee including the Players' Representative, shall be elected by the Full Members present, entitled to vote and voting at the Annual General Meeting.

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Exception: The Children's Officer shall be appointed at the Annual General Meeting on the recommendation of the outgoing Executive Committee.

- 4.5 The Club will have an appointed 'Club Designated Person'. This is a person/persons whose prime responsibility is reporting allegations or suspicions of child abuse to the Statutory Authorities. This person will also be responsible for dealing with any concerns about the protection of young members and will report to the relevant committee within the GAA. This maybe the Children's Officer or maybe another nominated Club member.
- 4.6 Only Full Members, whose Membership Fees are paid up to date in accordance with Rule 3.3 and who are not suspended or disqualified under this Constitution or Rules or the Official Guide, shall be eligible for election to the Executive Committee.
- 4.7 Members who wish their names to go forward for a position as officer of the Club shall be present at the Annual General Meeting at which the vote is to be taken. If a member nominated for an officer position cannot be present at the meeting, then the member shall inform the Chairman in writing prior to the start of the meeting that he or she is allowing his or her name to go forward for the nominated position.
- 4.8 The outgoing Executive Committee shall conduct the Annual General Meeting and remain in place until the end of the meeting.
- 4.9 The Executive Committee shall hold office until the conclusion of the following Annual General Meeting.
- 4.10 The Executive Committee shall meet at least once each quarter, and four members present shall constitute a quorum at a meeting of the Executive Committee.
- 4.11 The Chairperson, when present, shall preside over all meetings of the Executive Committee; in his absence, the Vice-Chairperson shall preside. If both the Chairperson and the Vice-Chairperson are absent, the Committee shall elect a member present to preside at the Meeting.
- 4.12 The Secretary shall record the Minutes of each Meeting.
- 4.13 The Minutes shall specify the date of the Meeting, those present, and a brief account of the Meeting, and shall be read to the next Meeting.
- 4.14 Such Minutes, if agreed as being accurate or having been appropriately amended, shall be signed by the Chairperson and Secretary, having been first proposed and adopted.

4.16. Sub-Committees

- 4.16.1 The Executive Committee shall have the sole right to appoint Sub-Committees, as required.
- 4.16.2 The Executive Committee shall define the duties of such Sub-Committees, and retain control in all matters and activities which it considers of importance to the general welfare of the Club, including the disposal of any funds in the hands of such Sub-Committees
- 4.16.3 The Chairperson, Vice-Chairperson, Secretary and Treasurer of the Executive Committee shall be ex-officio members of all Sub-Committees.
- 4.17 The Executive Committee shall administer the business affairs of the Club and the property under its control in accordance with the aims and objectives specified in the Constitution and shall have all such administrative powers as may be necessary for properly carrying out the aims and objectives of the Club.
- 4.18 The Executive Committee shall have power from time to time to make, alter and repeal all such Regulations as they deem necessary, expedient or convenient for the proper conduct and management of the Club, and in particular, but not exclusively, they may by such Regulations set out:
- a) The terms and conditions upon which guests, children of members of the Club and visitors shall be permitted to use the premises and property of the Club
 - b) The times of opening and closing the Premises of the Club, or any part thereof;
 - c) The conduct of members of the Club in relation to one another
 - d) The setting aside of the whole or any part or parts of the Club's premises for any particular time or times, or for any particular purpose or purposes;
 - e) The imposition of fines for the breach of any of the Club Rules or Regulations;
 - f) And generally all such matters as are commonly the subject matter of the Club Rules.
- 4.19 The Executive Committee shall adopt such means as they deem sufficient, bringing to the notice of members of the Club all such Regulations and all alterations and repeals.
- 4.20 All such Regulations so long as they shall be in force, shall be binding upon all members of the Club, provided nevertheless that no Regulations shall be inconsistent with or shall affect or repeal anything contained in this Constitution and Rules or the Official Guide, and that any Regulations may be set aside by a special resolution of a General Meeting of the Club
- 4.21 Each member shall have the right to be heard by the Executive Committee upon any complaint or representation sent by him or her in writing to the Club Secretary. Such complaint or representation must refer to an incident or event that occurred within the previous six months. If the complaint relates to suspected Child Abuse, there is no time restriction and the statutory obligations apply.

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- 4.22 A Special meeting of the Executive Committee may be called:
- (a) by the Secretary or
 - (b) by the Secretary, for a date not more than seven days from the date of the receipt by him of a requisition duly signed by four members of the Executive Committee.
 - (c) Such requisition shall set out the purpose for which the special meeting is required.
- 4.23 Any Member of the Executive Committee who shall have absented himself from three consecutive meetings, without reasonable explanation, shall be deemed to have resigned from the Executive Committee.
- 4.24 Should any Member of the Executive Committee resign, be deemed to have resigned, or his position otherwise lapse, the remaining member of the Executive Committee shall, at their discretion, have the power to fill the vacancy, by co-opting a replacement from the body of the Full Membership.
- 4.25 The service of any Member so co-opted on to the Executive Committee shall not be reckoned in calculating the seniority of such Member, if subsequently elected to serve on the Executive Committee.
- 4.26 No member shall serve in the same position as an officer of the Club for more than three years in succession.

5. GENERAL MEETINGS

- 5.1 The Club shall in each year hold a general meeting as its Annual General Meeting, in addition to any other General Meetings in that year, and shall specify the meeting as such in the notice calling it.
- 5.2 All General Meetings, other than Annual General Meetings, shall be called Special General Meetings.
- 5.3 An Annual General Meeting shall be held at such time as shall be decided upon by the Executive Committee, but insofar as is practical should be held before the end of November each year. There should be no longer than 18 Months between AGMs.
- 5.4 The following business shall be transacted at the Annual General Meeting:
- a) Adoption of Standing Orders.
 - b) Minutes of previous Annual General Meeting.
 - c) Consideration of the Annual Report submitted by the Secretary.
 - d) A Registrar's Report
 - e) Annual reports submitted by the Chairman of each Sub-committee (if required)
 - f) Consideration of the Financial Statements including the Report of the Accountant(s) or Auditors(s)
 - g) Fixing of annual subscription
 - h) The Chairperson's Address.
 - i) Election of Officers and Members of the Executive Committee.
 - j) Notices of Motion.
 - k) Other Business

5.5 The Annual General meeting of the Club shall be called in the following manner:

5.5.1 The Executive Committee shall decide upon a date, time and place for the meeting, allowing adequate time to meet the time limits set out hereunder.

5.5.2 Once the date of the Annual General Meeting has been fixed, the Secretary shall give at least twenty one days notice in writing to the members of such date, at the same time inviting nominations for election to the Executive Committee for the following year and motions for consideration at the Annual General meeting, also specifying that such nominations and motions shall be received by a date not less than fourteen days prior to the date fixed for the meeting.

5.5.3 The Secretary shall then, on or after the date specified or at the Annual General Meeting circulate to the members the following documentation:

- a. Copy of the Agenda for the meeting.
- b. Copy of the Annual Report of the Secretary
- c. Copy of the Registrars Report
- d. Copy of the Financial Statements, including the Report of the Accountant(s) or Auditor(s)
- e. Details of the Nominations for election to the Executive committee
- f. Copies of any motions for consideration at the meeting.

5.5.4 In the event of the number of Nominees for any particular Executive Committee position being equal to or less than the number of positions to be filled, such Nominees shall be declared elected, and any positions left unfilled, due to the lack of Nominees or Nominees withdrawing, shall be filled by the new Executive Committee, as soon as practical after the Annual General Meeting.

5.6 Special General Meetings

5.6.1 A Special General Meeting may be called by the Executive Committee at any time, provide ten days clear notice, in writing, shall be given to the members, specifying the purpose of such Special General Meeting,

5.6.2 The Executive Committee shall call a Special General Meeting for a date not more than twenty one days from the receipt by the Executive Committee of a requisition, in writing, signed by twelve members of the Club, and ten clear days notice, in writing, shall be given to the Members.

5.6.3 Such Requisitions by members of the Club shall set out the purpose for which the Special General Meeting is required, and shall be lodged with the Secretary. A minimum fee of €50 shall accompany the requisition by members calling for such meeting; this fee shall be forfeited to the funds of the Club if the matter be considered frivolous by the majority of those present and voting.

5.6.4 If the Special General Meeting is not called for a date within the twenty eight days stipulated, then the Requisitioners may themselves convene a Special General Meeting, if necessary using newspaper advertisements to notify the members of such meeting.

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- 5.6.5 No other business, outside that specified in the Notice, shall be transacted at a Special General Meeting.
- 5.7.2 The Chairperson, and failing him the Vice-Chairperson, shall preside as Chairperson at every General Meeting of the Club.
- 5.7.3 If there is no such Chairperson, or if at any meeting he is not present within thirty minutes after the time appointed for the holding of the meeting, the members then present shall choose someone of their number who is a member of the Executive Committee to be Chairperson of the meeting, and if there shall be no Member of the Executive Committee present, then the members shall elect any one of their number to be Chairperson of the Meeting.
- 5.7.4 The Chairperson may, with the consent of the meeting, adjourn the meeting from time to time and from place to place, but no business shall be transacted at any reconvened meeting other than the business left unfinished at the meeting from which the adjournment took place.
- 5.7.5 Failure to comply strictly with the time limits set out in this Constitution and Rules or the non-receipt of Notice of a Meeting by any persons entitled to receive notice shall not invalidate the proceedings at that meeting, but shall entitle the majority of members present to seek and be granted an adjournment of the meeting to such date by which they would be given an adequate time to be furnished with and consider the contents of any relevant documentation.

6. VOTING

- 6.1 Only Full Members, over the age of eighteen on the 1ST January preceding the Annual General Meeting, and whose membership fees are paid up to date in accordance with Section 3 and has at least 90 days membership from the date of membership payment prior to voting day and who are not suspended or disqualified under this Constitution and Rules or the Official Guide, shall be eligible to vote at a General Meeting
- 6.2 A Chairperson of a General Meeting, Executive Committee meeting or any Sub-Committee meeting shall, in the event of a tie, whether on a show of hands or on a ballot, have a casting vote in addition to his vote as a member, irrespective of whether or not he or she had originally voted on the issue, other than for the election to any position, when the outcome in the event of a tie shall be decided by lot.
- 6.3 At any General Meeting a resolution put to the vote of the meeting shall be decided on a show of hands, unless, before or on the declaration of the result of the show of hands, a ballot is demanded:
- (a) by the Chairperson
 - (b) by at least five members present and entitled to vote.
- 6.4 Unless a ballot is so demanded, a declaration by the Chairperson that a resolution has on the show of hands been carried, or carried unanimously, or by a particular majority, or lost, shall be final, and an entry to that effect in the book containing the minutes of proceedings of the Club shall be conclusive evidence of the fact, without proof of the number or proportion of the votes in favour of or against such resolution.
- 6.5 If a ballot is so demanded, the same shall be taken in such manner as the Chairperson directs, and the result of the ballot shall be deemed to be the decision of the meeting at which the ballot was demanded.
- 6.6 A Secret Ballot shall be carried out to decide the result of any contest for any elective position.
- 6.7 Eligible members may vote for a single candidate in each ballot and a candidate shall be deemed elected when he or she has secured a simple majority of the eligible votes. In cases where there are three or more candidates in contention for a position, a series of ballots shall be undertaken where the candidate with the lowest number of votes shall be eliminated until such time as one candidate secures a simple majority of the eligible votes.

7. ASSETS AND TRUSTEES

- 7.1 The Club shall have power to acquire, hold and develop, lease, mortgage charge, exchange or sell Real and Personal Property, and to borrow or raise money in promotion of the objects of the Club, subject to the overall authority of the Central Council
- 7.2 The Real Property shall not be leased, mortgaged, charged, exchanged, sold, conveyed, transferred or otherwise dealt with without the consent of the Central Council of the GAA, or as may be set out in any separate Declaration of Trust.
- 7.3 The Real Property, including the proceeds of sale thereof until otherwise directed by the Club, shall be vested in five full members of the GAA as Trustees, who shall hold same in trust for the Club.
- 7.4 In the case of the appointment of the Trustees of the Real Property the Executive Committee shall select three persons, who shall then be appointed by the Chairperson for the time being as Trustees, and the Chairperson for the time being of the Provincial Council of the GAA and the Chairperson for the time being of the County Board of the GAA shall each, as required, appoint one other Trustee.
- 7.5 The Trustees shall hold office until their retirement or death, unless replaced in accordance with Rule 5.3, Official Guide.
- 7.6 By way of acceptance of their appointment the Trustees of the Real Property shall sign a Declaration of Trust, as approved by Central Council of the GAA, and which shall contain the provisions for appointment, removal and replacement of Trustees as well as regulating the conduct of the Trustees in performing their duties and exercising their powers under the trust.
- 7.7 The Trustees of the Real Property, having first obtained the consent of the Central Council of the GAA where necessary, shall exercise their powers and perform their duties as directed by the Club from time to time.
- 7.8 The Directive of the Club shall be given by a resolution of the full members of the Club, passed by a majority of the members present, entitled to vote and voting at a duly convened General Meeting and when so passed shall be binding upon all members of the Club
- 7.9 A Certificate signed by the Secretary shall, in favour of any Person relying on same, be conclusive evidence that a Directive, complying in all respects with the provisions of this Rule, was duly given to the Trustees.
- 7.10 The Personal Property shall be vested in the Chairperson, Treasurer and Secretary who shall hold same in Trust for the Club.
- 7.11 The Trustees of the Personal Property shall invest and use such property in accordance with the Directives of the Executive Committee, of which an entry in the Minute book shall be conclusive evidence.
- 7.12 The Club shall indemnify and save harmless its Trustees in respect of any loss or expenses bona fide incurred by them in or about the execution of the Trust

8. BOOKS AND ACCOUNTS

- 8.1 The Executive Committee shall open a Bank Account or Accounts with an approved Bank on behalf of the Club, and all cheques drawn on the said account shall be signed by the Treasurer and countersigned by one of either the Chairperson or Secretary.
- 8.2 The Executive Committee shall cause proper Books of Account to be kept in respect of:
- (a) All sums of money received and expended by the Club, and the matters in respect of which such receipts and expenditures take place; and
 - (b) All Sales and Purchases of goods by the Club; and
 - (c) The Assets and Liabilities of the Club.
- 8.3 The Books of Account shall be kept at such place or places as the Executive Committee shall think fit, and shall at all reasonable times be open to the inspection of the members of the Executive Committee
- 8.4 The Executive committee shall from time to time determine whether and to what extent and what times and places, and under what conditions and regulations, the Accounts and Books of the Club, or any of them shall be open to the inspection of Full Members of the Club not being an Executive Committee member, and no member (not being an Executive member) shall have the right to inspect any Account or Book or Document of the Club except as authorized by the Executive Committee
- 8.5 An independent suitably qualified Person or Persons shall be appointed as Accountant(s) or as Auditor(s) (if an Audit is deemed appropriate by the Executive Committee) to Report on the Financial Statements of the Club, for presentation at the Annual General Meeting.
- 8.6 The Books and Accounts of the Club shall be presented to such Accountant(s) or Auditor(s) by the Committee in sufficient time to enable the Report of such accountant(s) or Auditor(s) to be available and considered at the Annual General Meeting of the Club.
- 8.7 The Financial Statements shall be approved by the Executive Committee, and signed by two of three Officers – Chairperson, Secretary, Treasurer – on behalf of the Executive Committee.
- 8.8 The Executive Committee shall cause to be prepared and laid before the Annual General Meeting an Account of Income and Expenditure and a Balance Sheet made up to a date not more than six months before such meeting.
- 8.9 The Balance Sheet and Accounts of the Club shall be made available to the Revenue Commissioners, on request.
- 8.10 All Books of Account, including all documents, vouchers, statements and notes, as

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well as all minute books, notes of meetings, original and copy correspondence and all such documents are the property of the Club, and no person shall have any personal title to or interest in such documents to the exclusion of the Club.

8.11 The Club shall define the End of the Financial Year of the Club.

8.12 The Bank Accounts of the Club shall be administered either via digital On-Line Banking services or normal paper based Bank Statements & paper based fund Transfer services, as provided by their main Bank.

9. INCOME AND PROPERTY

9.1 No portion of the Income and Property of the Club shall be paid or transferred directly or indirectly by way of profit, dividend, bonus or otherwise whatsoever to the Members of the Club.

9.2 No Officer shall be appointed to any Office within the Club paid by salary or fees, or receive any remuneration or other benefit in money or money's worth from the Club in respect of such Office, provided however nothing shall prevent any payment in good faith by the Club of:

- (a) reasonable and proper remuneration to any Member or Officer of the Club for any services rendered to the Club (other than as an Officer);
- (b) reasonable and proper remuneration to any company of which a Member or Officer of the Club is a director or shareholder, for any services rendered to the Club;
- (c) interest at a rate not exceeding 5% per annum on money lent by Officers or other Members of the Club to the Club;
- (d) reasonable and proper rent for premises demised and let by Officers or other Members of the Club (including any Officer) to the Club;
- (e) reasonable and proper out-of-pocket expenses incurred by any Officer in connection with their attendance to any matter affecting the Club;
- (f) fees, remuneration or other benefit in money or money's worth to any Company of which an Officer may be a member, holding not more than one hundredth part of the issued capital of such Company.

10. WINDING UP

10.1. Any resolution to Wind Up a Club shall be passed only at a General Meeting, specially summoned for the purpose of such resolution, if supported by not less than three-quarters of those present, entitled to vote and voting.

10.2. Any decision to Wind Up a Club shall be subject to the approval of the County Board.

10.3. If upon such Winding Up, there remains, after the satisfaction of all its debts and liabilities, any property whatever, the same shall not be paid or distributed amongst the members, but the Trustees shall continue to hold same in trust for the appropriate County Board of the GAA, to be used or disposed of as such County

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Board shall direct, but shall in no instance pay or distribute such property amongst Officers, Members or Employees of the Club.

11. ADDITIONS TO AND AMENDMENTS OF RULES

- 11.1** Additions to and Amendments of this Constitution and Rules (Appendix 2) may be made at an Annual General Meeting or at a Special General Meeting called for that purpose, providing that the Resolution is carried by a vote of two-thirds of the members present and voting, that same do not conflict with the Official Guide, and that approval is given by the County Board for the change(s)
- 11.2** Members wishing to propose Additions to or Amendments of this Constitution and Rules must send notice of the proposed Additions or Amendments in writing to the Secretary not later than ten days before the Annual General Meeting, or Special General Meeting as provided by Rule 5 hereoff,

12. COMPLIANCE WITH PROVISIONS OF 'Club Codes, Policies & Procedures (Club Handbook)' Document

This Constitution shall be read in conjunction with 'Club Codes, Policies & Procedures (Club Handbook)' Document and the Club Rules as referenced in Appendix 1 & 2.

13. INTERPRETATION OF CLUB CONSTITUTION AND RULES

The Executive Committee shall be the sole authority for the Interpretation of this Club Constitution and Rules and of any bye-laws and regulations made herein; and the decision of the Executive Committee upon any question of interpretation, or upon any matter affecting the Club and not provided for, shall be final and binding on the members, subject to appeal to the Club Executive Committee and then to the Hearings Committee of the County Board and shall not under any circumstances be subject to appeal to any Court of Law.

14. GENERAL

- 14.1** A Notice may be given by the Club to any Member either personally or by sending it by post or electronically to him at his/her last known address.
- 17.2** Where a Notice is sent by post, service of this Notice shall be deemed to be effected by properly addressing, prepaying and posting a letter containing the Notice, and shall be deemed to have been effected at the time which the letter would be delivered in the ordinary course of post.
- 17.3** The failure to give notice of any meeting or the non-receipt of notice of a meeting by any person entitled to receive notice shall not invalidate the proceedings at that meeting.
- 17.4** This Constitution and Rules shall be taken as an amendment of and in substitution for any existing Constitution and Rules of _____GAA Club as of the ____ day of ____

Appendix 1

As outlined in Section 1.2 the following are key Reference Documents of the Club & GAA

1 Foxrock Cabinteely Club Handbook

The objectives of the Club and the promotion of the aims of the GAA as per section 1.2, please refer to the 'Club Codes, Policies & Procedures (Club Handbook)' Document, see this in Section 1 under "Club Policy" and "Club Principles".

<http://www.foxcabgaa.ie/contentPage/349370/c l u b c o d e s / p o l i c i e s>

2 GAA Reference documents:

https://www.gaa.ie/content/documents/publications/official_guides/official-guide-2013-part1.pdf

http://www.gaa.ie/community/app/uploads/2014/05/GAA_Mental_Health_Charter.pdf

<http://www.gaa.ie/community/mental-health/our-mental-health-charter/>

Appendix 2

In addition to this Club Constitution the other formal rules of the Club that relate to Section 11 of this constitution are:

1. The Player 'Playing' Policy
2. In reference to Section 2.7.4 of the Constitution, Our Game-Our Code from the GAA has a detailed section covering Breaches of the GAA code. This is based on the Irish Sports Council 'Code of Ethic and Best Practice for Youth. Our club will follow and apply the process and procedures as out lined in these National documents. Our 'Club Codes, Policies & Procedures (Club Handbook)' Document, has these procedures are outlined in the Section 3 under the named section "Breaches of the Codes and the Complaints Procedure". The element of this section that applies as a Rule ends with the sub section 'Filing of Complaints'