

Application Form

All courses are subsidised by Lisburn & Castlereagh City Council, Community Sports Development. Book online at:

www.leisureplexonline.com/onlinebooking

Or please make cheques payable to **Lisburn & Castlereagh City Council** and return to: **Sports Development, Lagan Valley LeisurePlex, 18 Lisburn Leisure Park, Lisburn, BT28 1LP.**

Name of Course(s):

Name: Age:

Address:

Post Code:

Tel:

Mobile:

Email:

School/Club:

Any special circumstances eg. Diabetes, Asthma etc:

If you do not wish your photograph to be taken during the course(s), please tick:

DATA PROTECTION ACT 1998

Lisburn & Castlereagh City Council collects data on this form for the purpose of course registration. The data collected may also be used for the purpose of notification of future events and courses run in conjunction with the Council. If you do not wish your personal data to be used for this purpose, please tick the box:

Community Sports Development

Training Courses for

Sports Clubs & Coaches

2018-19



For further information, please contact the **Sports Development Team** Tel: **028 9250 9461**
Email: conail.mccrossan@lisburncastlereagh.gov.uk
www.lisburncastlereagh.gov.uk

Training Courses for Sports Clubs & Coaches **Timetable 2018/19**

Safeguarding Children & Young People in Sport

Date: 8 October 2018
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

Safeguarding Children & Young People in Sport

Date: 19 November 2018
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

Growing Your Club (Sport Leaders)*

Date: 4 February 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: FREE

Safeguarding Children & Young People in Sport

Date: 25 March 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

First Aid in Sport

Date: 15 October 2018
Venue: Lagan Valley LeisurePlex
Time: 6.00pm - 10.00pm
Cost: £25

First Aid in Sport

Date: 26 November 2018
Venue: Lough Moss Leisure Centre
Time: 6.00pm - 10.00pm
Cost: £25

Safeguarding Children & Young People in Sport

Date: 11 February 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

First Aid in Sport

Date: 1 April 2019
Venue: Lagan Valley LeisurePlex
Time: 6.00pm - 10.00pm
Cost: £25

Strength & Conditioning

Date: 22 October 2018
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £10

Marketing Your Club on Social Media (Sport Leaders)*

Date: 21 January 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: FREE

First Aid in Sport

Date: 18 February 2019
Venue: Lagan Valley LeisurePlex
Time: 6.00pm - 10.00pm
Cost: £25

Inclusive Games (Catering for People with Disabilities)

Date: 8 April 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £10

Safeguarding Children & Young People in Sport

Date: 5 November 2018
Venue: Lough Moss Leisure Centre
Time: 7.00pm - 10.00pm
Cost: £15

Good Club Governance (Sport Leaders)*

Date: 28 January 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: FREE

Sports Mind-Set Master Class in Sports Psychology

Date: 25 February 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: £10

Sports Performance Analysis

Date: 15 April 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: £10

Defibrillator Training

Date: 12 November 2018
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £10

Generating Club Income (Sport Leaders)*

Date: 30 January 2019
Venue: Lough Moss Leisure Centre
Time: 7.00pm - 9.00pm
Cost: FREE

Children's Designated Officer Training

Date: 4 March 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

Safeguarding Children & Young People in Sport

Date: 29 April 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 10.00pm
Cost: £15

Managing Bullying Behaviour in Sports Clubs

Date: 14 November 2018
Venue: Lough Moss Leisure Centre
Time: 7.00pm - 10.00pm
Cost: £10

Sports Nutrition for Performance

Date: 11 March 2019
Venue: Lagan Valley LeisurePlex
Time: 7.00pm - 9.00pm
Cost: £10

If a club send at least one individual on all four Sport Leaders courses, they will obtain an equipment grant to the value of £200 from Sport Lisburn & Castlereagh.

NB) The grant is ONLY eligible to clubs affiliated to Sport Lisburn & Castlereagh. A different person from a club can attend each course.

Limited number of places available.