

Wellington Hockey Competition Training Times NHS

Monday	NHS1	Monday	NHS2	Monday	NHS3	Monday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4.15-5.15pm	Wellington East Girls/Wellington East Girls	4.15-5.15pm	Wellington College 2//Wellington College 3	4.15-5.15pm	Rongotai//Wellington High School	4-5pm	
5.15pm-6.15pm	Marsden 1st XI//Wellington College 1	5.15-6.15pm	QMC 1st XL and 2nd XL	5.15-6.15pm	Scots College 1st XL and 2nd XL	5-6pm	
6.15-7.45pm	WHA CAP 18	6.15-7.15pm	Wellington Girls//Wellington Girls	6.15-7.15pm	St Pats//Marsden 2nd XI	6-7pm	
7.45-9.15pm	WHA CAP 21	7.45-9.15pm	WHA CAP 21	7.15-8.15pm	Wellington Girls//Wellington College 4	7-8pm	
9.15-10.15pm				8.15-9.15pm	YW Petone	8-9pm	
				9.15-10.15pm		9-10pm	

Tuesday	NHS1	Tuesday	NHS2	Tuesday	NHS3	Tuesday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
9-2pm		9-2pm		3-4pm		3-4pm	
4.15pm-5.15	Rongotai (4.15-5.15pm)//	4-5pm		4-5pm		4-5pm	
5.30-6.30pm	Game	5-6pm	Game	5-6pm	Game	5-6pm	
6.30-7.30pm	Naenae//Karori KI Women	6-7pm	Northern	6-7pm	Karori Junior	6.30-7.30pm	Island Bay
7.30-8.30pm	Indians//Indians	7-8pm	Indians // Karori K3 & K4 Women	7-8pm	Harbour City	7.30-8.30pm	
8.30-9.30pm	HUHC//Dalefield	8-9pm	HUHC	8-9pm	Karori K1 & K2 Men	8-9pm	
		9-10pm		9-10pm		9-10pm	

Wednesday	NHS1	Wednesday	NHS2	Wednesday	NHS3	Wednesday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
4-5pm	Karori Juniors	8-3pm		3-4pm		3-4pm	
5-6pm	Game	5-6pm	Game	4.30-5.30pm	Game	4-5pm	
6-7.30pm	WHA CAP 18	6.00-7.30pm	WHA CAP 18	5.30-6.30pm	St Marys	5-6pm	
7.30-9pm	WHA CAP 21	7.30-9.00pm	WHA CAP 21	6.30-8.00pm	WHA REP 18	6-7pm	
7.30-9pm	WHA CAP 21	7.30-9.00pm	WHA CAP 21	8.00-9.00pm	Tawa //	7-8pm	
9.00-10.00pm		9.00-10.00pm		9.00-10.00pm		8-9pm	
						9.00-10.00pm	

Thursday	NHS1	Thursday	NHS2	Thursday	NHS3	Thursday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4-5.15pm		4-4.45pm		4-4.45pm		4-5pm	
5.30-6.30pm		4.45-6.00pm	Game	4.45-6.00pm		5-6pm	
6.30-7.30pm	Victoria	6.00-7.15pm	Game	6.00-7.15pm	Game	6-7pm	
7.30-8.30pm	Victoria	7.15-8.15pm	HUHC	7.15-8.15pm	Northern	7-8pm	Harbour City
8.30-9.30pm	Victoria	8.15-9.15pm	Harbour City	8.15-9.15pm	Karori K2 & K3 Women	8-9pm	
9.30-10.30pm		9.15-10.15pm		9.15-10.15pm		9-10pm	

Friday	NHS1	Friday	NHS2	Friday	NHS3	Friday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4-5pm		4-5pm		4-5pm		4-5pm	
5.30-6.45pm	Game	5.15-6.30pm	Game	5-6.15pm	Game	5-6.15pm	
6.45-8pm	Game	6.30-7.45pm	Game	6.15-7.30pm	Game	6.15-7.30pm	
8-9.15pm		7.45-9.00pm	Game	7.30-8.45pm		7.30-8.45pm	
8.45-9.45pm		8.45-9.45pm		8.45-9.45pm		8.45-9.45pm	

Saturday	NHS1	Saturday	NHS2	Saturday	NHS3	Saturday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
8-9am	Game	8-9am	Game	8-9am	Game	8-9am	
9-10am	Game	9-10am	Game	9-10am	Game	9-10am	
10-11am	Game	10-11am	Game	10-11am	Game	10-11am	Fun sticks Hockey
11-12pm	Game	11-12pm	Game	11-12pm	Game	11-11.30am	
12.30-2pm	Game	12.30-2pm	Game	12.30-2pm	Game	11.30-1.15pm	
2-3.30pm	Game	2-3.30pm	Game	2-3.30pm	Game	1.15-3.00pm	
3.30-5pm	Game	3.30-5.15pm	Game	3.30-5pm	Game	3.00-4.45pm	
5-6.30pm		5-6.30pm		5-6.30pm		4.45-6.30pm	

Sunday	NHS1	Sunday	NHS2	Sunday	NHS3	Sunday	NHS Practise
8:30-10.30am	WHA REPS 18	8:30-10.30am	WHA REPS 13	8:30-10.30am	WHA REPS 13	9-100zm	
11-12.30pm	Game	11-12.30pm	Game	11-12.30pm	Game	10-11am	Have a go Hockey
12.30-2pm	Game	12.30-2pm	Game	12.30-2pm	Game	11-12zm	
2-3.30pm	Game	2-3.30pm	Game	2-3.30pm	Game	12-1pm	
3.30-5pm	Game	3.30-5pm	Game	3.30-5pm	Game	1-2.30pm	
5.00-6.30pm		5.00-6.30pm		5.00-6.30pm	Game	2.30-4pm	
6.30-7pm		6.30-7pm		6.30-7pm		4-5.30pm	
7-8pm		7-8pm		7-8pm		5.30-7pm	
8-9pm		8-9pm		8-9pm		7-8.30pm	
9-10pm		9-10pm		9-10pm		830-10pm	

Open Grade Club
Secondary Schools
Small Sticks
Competition Matches
WHA Programs
Turf Available

Wellington Hockey Competition Training Times Fraser, Elsdon, Maidstone

Monday	Fraser	Monday	Fraser Sml	Monday	Elsdon	Monday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
3-4pm		3-4pm		3-4pm		3-4pm			
4.00-5.00pm	St Orans // Chilton	4-5pm		4-5pm		4.00-5.00pm	HIBS		
5-6pm	St Orans // Naenae College	5-6pm		5-6pm	Aotea // Tawa College	5-6pm	Heretaunga		
6-7pm	HVHS	6-7pm		6-7pm	Onslow Girls 1st XI // Aotea	6-7pm	Heretaunga		
7-8pm	HVHS	7-8pm		7-8pm	Tawa College // Onslow Boys 1st XI	7-8pm	DEFERMENTS		
8-9pm	DEFERMENTS	8-9pm		8-9pm		8-9pm	DEFERMENTS		
9-10pm		9-10pm		9-10pm		9-10pm			

Tuesday	Fraser	Tuesday	Fraser Sml	Tuesday	Elsdon	Tuesday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
3-4pm		3-4pm		3.30-4.30pm		3-4pm			
4-5pm		4-5pm	Chilton Juniors	4.30-5.30pm	Game	4-5pm			
4.30-5.30pm	Game	5-6pm		5.30-6.30pm	Game	5-6pm	Game		
5.30-6.30pm	Game	6-7pm		6.30-7.30pm	Northern // Toa	6-7pm	Game		
6.30-7.30pm	Game	7-8pm	Wanuiomata	7.30-8.30pm	Tawa Juniors	7-8pm	St Pats Stream		
8-9pm	Harbour City // Naenae Club	8-9pm		8.30-9.30pm		8-9pm			
9-10pm		9-10pm				9-10pm			

Wednesday	Fraser	Wednesday	Fraser Sml	Wednesday	Elsdon	Wednesday	Maidstone	Kapiti	Clareville
7-8am	Sacred Heart	7-8am		7-8am		7-8am			
10-11am	St Bernards School Game	3-4pm		3-4pm		3-4pm			
4-5pm	Pencil in HUHC Juniors	4-5pm	HUHC Juniors	4-5pm	Tawa Juniors	4-5pm	Upper Hutt Juniors		
5-6pm	Game	5-6pm		5-6pm	Game	5-6pm	Game		
6-7pm	Game	6-7pm	Pencil in HUHC Juniors	6-7pm	Game	6-7pm	Game		
7-8pm	HUHC Juniors	7pm-8pm	Wanuiomata (tbc)	7-8pm		7-8pm	Upper Hutt		
8-9pm	HUHC // Wanuiomata	8-9pm		8-9pm		8-9pm	Upper Hutt		
9.00-10.00pm		9.00-10.00pm		9.00-10.00pm		9.00-10.00pm			

Thursday	Fraser	Thursday	Fraser Sml	Thursday	Elsdon	Thursday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am	Marsden Whitby	7-8am			
12.2pm	Wellesley School	3-4pm		3-4pm		3-4pm			
4-4.30pm		4-5pm	HUHC Juniors	3.20-4.20pm	Tawa Juniors	4-5pm	Upper Hutt Juniors		
4.30-5.45pm	Game	5-6.15pm		4.20-5pm		5-6pm	Upper Hutt Juniors //		
5.45-7pm	Game	6.15-7.15pm	Naenae Juniors	5.15-6.15pm	Game	6-7.15pm	Game		
7-8pm	Naenae College //	7.15-8.15pm		6.15-7.30	Game	7.15pm-8.15pm	Game		
8.00-9.00pm	Naenae	8.45-9.45pm		7.45-8.45pm	// Tawa Club	8.15-9.15pm			
9-10pm									

Friday	Fraser	Friday	Fraser Sml	Friday	Elsdon	Friday	Maidstone	Kapiti	Clareville
7.45-8.45am	St Orans//	7-8am		7-8am		7-8am			
3-4pm		3-4pm		1.45-2.45pm	Rangikiura	3-4pm			
4-5pm	HUHC Juniors	4-5pm		4-5pm	Tawa Juniors	4-5pm			
5-6pm	Game	5-6.15pm		5-6pm	Game	5-6pm	Game		
6-7pm	Game	6.15-7.30pm		6-7pm		6-7pm	Game		
7-8pm		7.30-8.45pm		7.30-8.45pm		7-8pm	Game		
8.00-9.00pm		8.45-9.45pm		8.45-9.45pm		8.45-9.45pm			

Saturday	Fraser	Saturday	Fraser Sml	Saturday	Elsdon	Saturday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
8-9am	Game	8-9am		8-9am	Game	8-9am	Game		
9-10am	Game	9-10am		9-10am	Game	9-10am	Game		
10-11am	Game	10-11am		10-11am	Game	10-11am	Game		
11-12pm	Game	11-12pm		11-12pm	Game	11-12pm	Game		
12.30-2pm	Game	12-1.30pm		12.30-2pm	Game	12.30-2pm	Game		
2-3.30pm	Game	1.30-3pm		2-3.30pm	Game	2-3.30pm	Game		
3.30-5pm		3.15-4.45pm		3.30-5pm		3.30-5pm			
5-6.30pm		4.45-6.30pm		5-6.30pm		5-6.30pm			

Sunday	Fraser	Sunday	Fraser Sml	Sunday	Elsdon	Sunday	Maidstone	Kapiti	Clareville
11-12.30pm	Game	9-10.30am		9-10.30am		9-10am			
12.30-2pm	Game	10.45-12.15pm		10.30-11am		10-12.30pm			
2-3.30pm	Game	12.15-1.45pm		11-12.30pm		12.30-2pm			
3-4.30pm		2-3.30pm		12.30-2pm	Game	2-3.30pm			
4.30-6pm		3.30-5pm		2-3.30pm	Game	3.30-5pm			
7-8pm		5.00-6.30pm		3.30-5pm	Game	5-6.30pm			
8-9pm	St Bernards //	6.30-7pm		5-6.30pm	Game				
		7-8pm		7-8pm					
		8-9pm		8-9pm					
		9-10pm		9-10pm					

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