

# Wellington Hockey Competition Training Times NHS

Monday	NHS1	Monday	NHS2	Monday	NHS3	Monday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4.15-5.15pm	Wellington East Girls/Wellington East Girls	4.15-5.15pm	Wellington College 2//Wellington College 3	4.15-5.15pm	Rongotai//Wellington High School	4-5pm	
5.15pm-6.15pm	Marsden 1st XI//Wellington College 1	5.15-6.15pm	QMC 1st XL and 2nd XL	5.15-6.15pm	Scots College 1st XL and 2nd XL	5-6pm	
6.15-7.45pm	WHA CAP 18	6.15-7.15pm	Wellington Girls//Wellington Girls	6.15-7.15pm	St Pats//Marsden 2nd XI	6-7pm	
7.45-9.15pm	WHA CAP 21	7.45-9.15pm	WHA CAP 21	7.15-8.15pm	Wellington Girls//Wellington College 4	7-8pm	
9.15-10.15pm				8.15-9.15pm	YW Petone	8-9pm	
				9.15-10.15pm		9-10pm	

Tuesday	NHS1	Tuesday	NHS2	Tuesday	NHS3	Tuesday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
9-2pm		9-2pm		3-4pm		3-4pm	
4.15pm-5.15	Rongotai (4.15-5.15pm)//	4-5pm		4-5pm		4-5pm	
5.30-6.30pm	Game	5-6pm	Game	5-6pm	Game	5-6pm	
6.30-7.30pm	Naenae P1 Men//Karori KI Women	6-7pm	Northern	6-7pm	Karori Junior	6.30-7.30pm	Island Bay
7.30-8.30pm	Indians//Indians	7-8pm	Indians // Karori K3 & K4 Women	7-8pm	Harbour City	7.30-8.30pm	
8.30-9.30pm	HUHC//Dalefield	8-9pm	HUHC	8-9pm	Karori K1 & K2 Men	8-9pm	
		9-10pm		9-10pm		9-10pm	

Wednesday	NHS1	Wednesday	NHS2	Wednesday	NHS3	Wednesday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
4-5pm	Karori Juniors	8-3pm		3-4pm		3-4pm	
5-6pm	Game	5-6pm	Game	4.30-5.30pm	Game	4-5pm	
6-7.30pm	WHA CAP 18	6.00-7.30pm	WHA CAP 18	5.30-6.30pm	St Marys	5-6pm	
7.30-9pm	WHA CAP 21	7.30-9.00pm	WHA CAP 21	6.30-8.00pm	WHA REP 18	6-7pm	
7.30-9pm	WHA CAP 21	7.30-9.00pm	WHA CAP 21	8.00-9.00pm	Tawa //	7-8pm	
9.00-10.00pm		9.00-10.00pm		9.00-10.00pm		8-9pm	
						9.00-10.00pm	

Thursday	NHS1	Thursday	NHS2	Thursday	NHS3	Thursday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4-5.15pm		4-4.45pm		4-4.45pm		4-5pm	
5.30-6.30pm		4.45-6.00pm	Game	4.45-6.00pm		5-6pm	
6.30-7.30pm	Victoria	6.00-7.15pm	Game	6.00-7.15pm	Game	6-7pm	
7.30-8.30pm	Victoria	7.15-8.15pm	HUHC	7.15-8.15pm	Northern	7-8pm	Harbour City
8.30-9.30pm	Victoria	8.15-9.15pm	Harbour City	8.15-9.15pm	Karori K2 & K3 Women	8-9pm	
9.30-10.30pm		9.15-10.15pm		9.15-10.15pm		9-10pm	

Friday	NHS1	Friday	NHS2	Friday	NHS3	Friday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
3-4pm		3-4pm		3-4pm		3-4pm	
4-5pm		4-5pm		4-5pm		4-5pm	
5.30-6.45pm	Game	5.15-6.30pm	Game	5-6.15pm	Game	5-6.15pm	
6.45-8pm	Game	6.30-7.45pm	Game	6.15-7.30pm	Game	6.15-7.30pm	
8-9.15pm		7.45-9.00pm	Game	7.30-8.45pm		7.30-8.45pm	
8.45-9.45pm		8.45-9.45pm		8.45-9.45pm		8.45-9.45pm	

Saturday	NHS1	Saturday	NHS2	Saturday	NHS3	Saturday	NHS Practise
7-8am		7-8am		7-8am		7-8am	
8-9am	Game	8-9am	Game	8-9am	Game	8-9am	
9-10am	Game	9-10am	Game	9-10am	Game	9-10am	
10-11am	Game	10-11am	Game	10-11am	Game	10-11am	Fun sticks Hockey
11-12pm	Game	11-12pm	Game	11-12pm	Game	11-11.30am	
12.30-2pm	Game	12.30-2pm	Game	12.30-2pm	Game	11.30-1.15pm	
2-3.30pm	Game	2-3.30pm	Game	2-3.30pm	Game	1.15-3.00pm	
3.30-5pm	Game	3.30-5.15pm	Game	3.30-5pm	Game	3.00-4.45pm	
5-6.30pm		5-6.30pm		5-6.30pm		4.45-6.30pm	

Sunday	NHS1	Sunday	NHS2	Sunday	NHS3	Sunday	NHS Practise
8:30-10.30am	WHA REPS 18	8:30-10.30am	WHA REPS 13	8:30-10.30am	WHA REPS 13	9-100zm	
11-12.30pm	Game	11-12.30pm	Game	11-12.30pm	Game	10-11am	Have a go Hockey
12.30-2pm	Game	12.30-2pm	Game	12.30-2pm	Game	11-12zm	
2-3.30pm	Game	2-3.30pm	Game	2-3.30pm	Game	12-1pm	
3.30-5pm	Game	3.30-5pm	Game	3.30-5pm	Game	1-2.30pm	
5.00-6.30pm		5.00-6.30pm		5.00-6.30pm	Game	2.30-4pm	
6.30-7pm		6.30-7pm		6.30-7pm		4-5.30pm	
7-8pm		7-8pm		7-8pm		5.30-7pm	
8-9pm		8-9pm		8-9pm		7-8.30pm	
9-10pm		9-10pm		9-10pm		830-10pm	

Open Grade Club
Secondary Schools
Small Sticks
Competition Matches
WHA Programs
Turf Available

# Wellington Hockey Competition Training Times Fraser, Elsdon, Maidstone

Monday	Fraser	Monday	Fraser Sml	Monday	Elsdon	Monday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
3-4pm		3-4pm		3-4pm		3-4pm			
4.00-5.00pm	St Orans // Chilton	4-5pm		4-5pm		4.00-5.00pm	HIBS		
5-6pm	St Orans // Naenae College	5-6pm		5-6pm	Aotea // Tawa College	5-6pm	Heretaunga		
6-7pm	HVHS	6-7pm		6-7pm	Onslow Girls 1st XI // Aotea	6-7pm	Heretaunga		
7-8pm	HVHS	7-8pm		7-8pm	Tawa College // Onslow Boys 1st XI	7-8pm	DEFERMENTS		
8-9pm	DEFERMENTS	8-9pm		8-9pm		8-9pm	DEFERMENTS		
9-10pm		9-10pm		9-10pm		9-10pm			

Tuesday	Fraser	Tuesday	Fraser Sml	Tuesday	Elsdon	Tuesday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
3-4pm		3-4pm		3.30-4.30pm		3-4pm			
4-5pm		4-5pm	Chilton Juniors	4.30-5.30pm	Game	4-5pm			
4.30-5.30pm	Game	5-6pm		5.30-6.30pm	Game	5-6pm	Game		
5.30-6.30pm	Game	6-7pm		6.30-7.30pm	Northern // Toa	6-7pm	Game		
6.30-7.30pm	Game	7-8pm	Wanuiomata	7.30-8.30pm	Tawa Juniors	7-8pm	St Pats Stream		
8-9pm	Harbour City // Naenae Club	8-9pm		8.30-9.30pm		8-9pm			
9-10pm		9-10pm				9-10pm			

Wednesday	Fraser	Wednesday	Fraser Sml	Wednesday	Elsdon	Wednesday	Maidstone	Kapiti	Clareville
7-8am	Sacred Heart	7-8am		7-8am		7-8am			
10-11am	St Bernards School Game	3-4pm		3-4pm		3-4pm			
4-5pm		4-5pm		4-5pm	Tawa Juniors	4-5pm	Upper Hutt Juniors		
5-6pm	Game	5-6pm		5-6pm	Game	5-6pm	Game		
6-7pm	Game	6-7pm	HUHC Juniors	6-7pm	Game	6-7pm	Game		
7-8pm	HUHC Juniors	7pm-8pm	Wanuiomata (tbc)	7-8pm		7-8pm	Upper Hutt		
8-9pm	HUHC // Wainuiomata	8-9pm		8-9pm		8-9pm	Upper Hutt		
9.00-10.00pm		9.00-10.00pm		9.00-10.00pm		9.00-10.00pm			

Thursday	Fraser	Thursday	Fraser Sml	Thursday	Elsdon	Thursday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am	Marsden Whitby	7-8am			
12.2pm	Wellesley School	3-4pm		3-4pm		3-4pm			
4-4.30pm		4-5pm	HUHC Juniors	3.20-4.20pm	Tawa Juniors	4-5pm	Upper Hutt Juniors		
4.30-5.45pm	Game	5-6.15pm		4.20-5pm		5-6pm	Upper Hutt Juniors //		
5.45-7pm	Game	6.15-7.15pm	Naenae Juniors	5.15-6.15pm	Game	6-7.15pm	Game		
7-8pm	Naenae College //	7.15-8.15pm		6.15-7.30	Game	7.15pm-8.15pm	Game		
8.00-9.00pm	Naenae	8.45-9.45pm		7.45-8.45pm	// Tawa Club	8.15-9.15pm			
9-10pm									

Friday	Fraser	Friday	Fraser Sml	Friday	Elsdon	Friday	Maidstone	Kapiti	Clareville
7.45-8.45am	St Orans//	7-8am		7-8am		7-8am			
3-4pm		3-4pm		1.45-2.45pm	Rangikiura	3-4pm			
4-5pm	HUHC Juniors	4-5pm		4-5pm	Tawa Juniors	4-5pm			
5-6pm	Game	5-6.15pm		5-6pm	Game	5-6pm	Game		
6-7pm	Game	6.15-7.30pm		6-7pm		6-7pm	Game		
7-8pm		7.30-8.45pm		7.30-8.45pm		7-8pm	Game		
8.00-9.00pm		8.45-9.45pm		8.45-9.45pm		8.45-9.45pm			

Saturday	Fraser	Saturday	Fraser Sml	Saturday	Elsdon	Saturday	Maidstone	Kapiti	Clareville
7-8am		7-8am		7-8am		7-8am			
8-9am	Game	8-9am		8-9am	Game	8-9am	Game		
9-10am	Game	9-10am		9-10am	Game	9-10am	Game		
10-11am	Game	10-11am		10-11am	Game	10-11am	Game		
11-12pm	Game	11-12pm		11-12pm	Game	11-12pm	Game		
12.30-2pm	Game	12-1.30pm		12.30-2pm	Game	12.30-2pm	Game		
2-3.30pm	Game	1.30-3pm		2-3.30pm	Game	2-3.30pm	Game		
3.30-5pm		3.15-4.45pm		3.30-5pm		3.30-5pm			
5-6.30pm		4.45-6.30pm		5-6.30pm		5-6.30pm			

Sunday	Fraser	Sunday	Fraser Sml	Sunday	Elsdon	Sunday	Maidstone	Kapiti	Clareville
11-12.30pm	Game	9-10.30am		9-10.30am		9-10am			
12.30-2pm	Game	10.45-12.15pm		10.30-11am		10-12.30pm			
2-3.30pm	Game	12.15-1.45pm		11-12.30pm		12.30-2pm			
3-4.30pm		2-3.30pm		12.30-2pm	Game	2-3.30pm			
4.30-6pm		3.30-5pm		2-3.30pm	Game	3.30-5pm			
7-8pm		5.00-6.30pm		3.30-5pm	Game	5-6.30pm			
8-9pm	St Bernards //	6.30-7pm		5-6.30pm	Game				
		7-8pm							
		8-9pm							
		9-10pm							

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