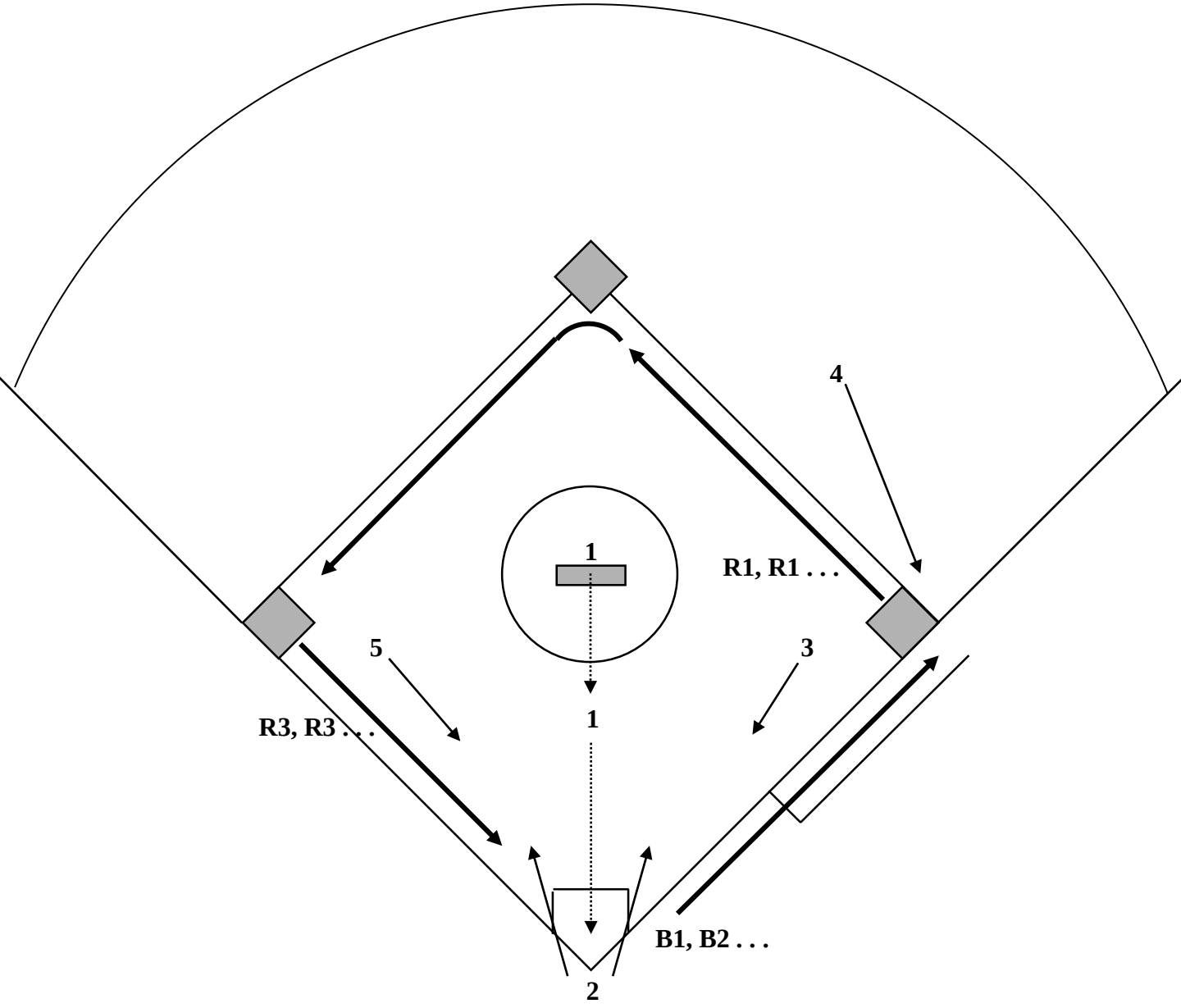
Bunt for a Single Drill

8- 12 Players

Objectives: Develop bunt for single timing
Sprinting form
Bunt defense
Running from 1B to 3B

Key Pts: Wear Batting helmet and
Sliding pads

- Pitcher starts by pitching from 20 ft, then moves back to pitching distance – throws strikes
- 5 and 3 play at normal depth - charge bunt
- B1, B2 . . . uses bunt for single techniques, and sprints to 1B on **EVERY** contact (fair or foul)
- Bunter becomes R1 – and on next bunt runs to 2B or 3B
- When R3 – run like a Suicide Squeeze (no slide)
- Variations: Defense can get 1 or lead runner or pick off attempt behind runner