



# CLUB HEALTH & WELLBEING OFFICER

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## ROLE DESCRIPTION

The Club Health & Wellbeing Officer will work with the County Health & Wellbeing Committee to ensure that their club is availing of the supports, programmes, partnerships, training, and resources available to them.

With the support of their Club Chairperson and Executive, he/she should ensure that related GAA policies are implemented, and that the club continues to foster a culture that promotes health and wellbeing amongst all club members and, where possible, the local community.

## WORKS WITH

- Club Chairperson and / or Executive
- County Health & Wellbeing Committee
- Other officers/members within the club

## RESPONSIBILITIES

- The role is primarily about communication and will involve promoting the excellent work a club already does while also developing and promoting new health promoting opportunities.
- Regular reporting of activities to the club executive should be agreed.
- The officer will familiarise themselves with the policies, resources, and programmes developed by the GAA's Community & Health Department and wider Health & Wellbeing Section.
- The officer will support their club through achievable actions based, where possible, on the current County Health & Wellbeing Committee Action Plan.
- The officer **WILL NOT BE** required to provide direct services or support to members but may help signpost to appropriate services provided by suitable agencies and/or voluntary groups.

## REQUIREMENTS

- Good communication and interpersonal and organisational skills (computer literacy is essential).
- Ability to deal discretely with potentially sensitive issues.
- Ability to work with other club officers (Children's/Coaching Officer) and the Executive as required.
- Have a genuine interest and knowledge in the Association and interest in health and wellbeing.
- Good standing in the community.
- Have time to do the job.
- Willingness to attend training as provided by the GAA or its partners.



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### RECOMMENDATIONS

- It is recommended that the Club Health & Wellbeing Officer be appointed for a minimum of two years to allow adequate time for policies to be implemented and appropriate training and work to be undertaken.
- It is highly recommended that additional club members with an interest in the area are engaged to support the Health & Wellbeing officer's work.

### ADDITIONAL INFORMATION AND SUPPORT

- The Community & Health Department in Croke Park, alongside the GAA's National Health & Wellbeing Committee, will provide direction and support to those working at provincial, county, and club level.
- Training for Club Health & Wellbeing Officers and project team members will be provided at county level each year.
- All supporting resources are available on the Community & Health website:  
[www.gaa.ie/community](http://www.gaa.ie/community)