

Laois Coaching and Games Development Coach Education Program 2019



LAOIS GAA COACH EDUCATION PROGRAMME 2019

Aim & Objectives

Laois GAA aim to deliver a number of Foundation and Award One Coaching Courses. The courses aim to improve overall coaching standards within clubs as well as ensure coaches over underage teams have the appropriate qualifications and meet the matenart standards. Coaches who are interested in the Award Two course must apply directly to the Laois Coaching Department. We will also be running a number of informal events aimed at athlethe development / fundamental workshops / games based coaching. This will be part of the Laois Coaching And Games Turas Programme.

Duration & Course Elements

- The foundation award which is aimed at beginner coaches last between seven and ten hours. The course involves practical as well as theory sessions. The course will be run by one lead tutor.
- The Award One course last between sixteen & twenty hours. The course will be both classroom & field based. The course will be delivered by a variety of tutors.

What if my club is not listed?

- Clubs who wish to run their own Foundation Award must contact there support GDA staff member. There must be a minimum of twelve coaches to do so. If your club is not hosting you may attend a course in a nearby club.

DETAILS OF COURSES

Foundation Award				
Event	Description	Date	Venue/Host	Lead Tutor
Code Of Ethics Course		Friday, 22 nd March		Deridre Hurley
Foundation Award Hurling	Coach Education	29 th March , 30 th March	TBC	John Murphy/ Jason Coffey (trainee tutor)
Foundation Award Football		29 th March , 30 th March	LOETB Training Centre, Laois	Peter Hally/ Jason Coffey (trainee tutor)

Award One				
Event	Description	Date	Venue/Host	Lead Tutor
Award 1 Youth/Adult Hurling	Coach Education	21 st , 23 rd , 30 th January 4 th , 11 th , 13 th , 18 th , 25 th February	LOETB Training Centre, Portlaoise And Holy Family National School, Portlaoise	Peter Hally
Award 1 Youth/Adult Football	Coach Education	21 st , 23 rd , 30 th January 4 th , 11 th , 13 th , 18 th , 25 th February		Peter Hally

The logo for GAA Laoise is a shield-shaped emblem. At the top, a blue banner contains the text 'CLG LAOISE' in white. Below this, the shield is divided into four quadrants. The top-left quadrant is light blue and features a yellow harp. The top-right quadrant is light blue and features a white figure of a person in traditional Gaelic dress. The bottom-left quadrant is light green and features a white harp. The bottom-right quadrant is light blue and features a white harp. The entire shield is outlined in grey.

Club Support Program 2019

Other workshops that may interest your club:

Foundation Award Locally - Each Club is to have a minimum of 3 participants to a maximum of 10. If your club has more the coaching office will be able to facilitate a club course. The foundation course will take place over two days and participants must also take part in a code of best practice workshop.

GAA 15 workshop/Resistance Training (RT) – This workshop gives a coach at youth & adult level practical RT exercises and the knowledge how to use these exercises to warm up players. The workshop will also cover activities at child level for appropriate warm ups.

Games Based Coaching - This workshop will work with child/youth players and showcasing how games can be introduced to develop specific skills of the game. Coaches will leave with new ideas and new techniques on how to coach a skill through a games based model.

FUNDamentals: This workshops purpose is to show activities to work on ABC's & the RJT's of Gaelic Games. The aim is to show coaches at child level appropriate activities and the ideal structure of a nursery / child coaching session.

GDA Support

The GDA is on hand to assist the club in all areas of games development. If your club has a proposal for a workshop or an idea your GDA will be on hand for advice and support.

Course Fees

Course	Per person	Online Booking (Limited Tickets)
Foundation Award	€15.00 (walk in's)	€10.00
Award One	€50	€40
Club Regional Workshops	Free	Free
Code Of Behaviour	N/A	€10.00

How do I enrol on the courses?

- Hurling Foundation Course: <https://www.eventbrite.ie/e/laois-gaa-foundation-hurling-course-2019-tickets-53346291193>
- Football Foundation Course: <https://www.eventbrite.ie/e/laois-gaa-foundation-football-course-2019-tickets-53346240040>
- Award One Youth/ Adult Course (Hurling): <https://www.eventbrite.ie/e/laois-gaa-award-1-hurling-youthadult-course-2019-tickets-53345903032>
- Award One Youth/ Adult Course (Football): <https://www.eventbrite.ie/e/laois-gaa-award-1-football-youthadult-course-2019-tickets-53345779663>
- Code Of Behaviour Course: <https://www.eventbrite.ie/e/laois-gaa-code-of-behaviour-course-2019-tickets-53342391529>
- **Ring/Email:** Peter Hally (087 2280341) or email: peter.hally.gda.laois@gaa.ie
- **Google:** Eventbrite Laois GAA.

Things to remember regarding Courses:

1. Please confirm the dates and times in advance with the coaching in advance, as times and dates may vary.
2. Any coach who wishes to complete a Foundation Course must have completed a Code Of Behaviour before the commencement of the Foundation Course in order to be a credited Foundation Coach.

Laois GAA Coaching and Games Development

For more information contact

Laois GAA - <http://www.laoisgaa.ie/>

Twitter - [@CLGLaois](https://twitter.com/CLGLaois)

Phone – 057 8660674

Games Development Team: http://www.laoisgaa.ie/contentPage/43177/laois_g_a_a_coaching_contacts

PLEASE CONFIRM IN ADVANCE THE DATES, TIMES AND VENUES WITH THE COACHING OFFICE, AS THEY MAY BE SUBJECT TO CHANGE

