

Valley Rovers Ladies Football important web links

Code of Behaviour (Underage)

<https://ladiesgaelic.ie/lgfa-hub/clubs/child-welfare-protection/code-of-behaviour/>

and also available to read on the Valley Rovers website under Ladies Football 2019.

Garda Vetting

<https://ladiesgaelic.ie/resources/vetting/>

All team coaches and officers need to be Garda vetted. The relevant form can be found on the link above, complete and submit and once approved it is valid for 5 years for both Valley Rovers Camogie and Ladies Football. All training and matches should have a female Garda vetted representative present.

Injury Fund

<https://ladiesgaelic.ie/resources/injury-fund/>

The injury fund is an injury scheme and NOT an insurance scheme and does not seek to compensate fully for injury, rather to lessen the hardship to players and officials. The fund should supplement other schemes where applicable, i.e. VHI, Irish Life etc.

The Injury Fund covers all playing members who sustain an injury in the following:

- a) an official competitive or challenge game
- b) an official and supervised training session

It also applies to Club Officers, Team Mentors and Match Officials (Referees, Umpires and Linespersons) if registered to the Injury fund. It is funded by all playing members who pay registration fees. Note: It is not included in the non-playing (adult) fee.

How to claim:

If a player is injured during an official & supervised training session, the coach/manager must be notified and they should log the injury. If the injury occurs during an official competitive or friendly match, the ref must be notified and s/he logs the injury.

A Preliminary Claim form is completed (<https://ladiesgaelic.ie/wp-content/uploads/2018/03/Preliminary-Claim-Form.pdf>) if treatment is required and signed by the club secretary. The player registration number is required which can be obtained from the club registrar.

This signed form must then be sent to Marian Crowley, Secretary Cork LGFA, Dunboy, Dromree, Macroom, P12 TK22, Co. Cork **within 4 weeks of the injury** to be authorised and then it must reach Croke Park **within 8 weeks of the injury**. Once in Croke Park a letter will be sent to the player with a claim number. The player then has 12 months from the date of the injury to submit an injury form. This must be signed by the trainer/coach/manager & club secretary and along with the treatment receipts sent to Marian Crowley. Please submit to Marian **within 11 months** of the injury occurring so she can send to Croke Park within the 12 month timeframe. If the injury treatment is completed within 4 weeks, an injury form can be completed and with attached receipts and together with a preliminary form, can be sent to Marian Crowley. Any questions re. the Injury Fund please contact Rosemary Coyle Email: Rosemary.Coyle@lgfa.ie Tel: (01) 836 3156

NOTE: Some schools have a 24 hour Allianz School Insurance for their pupils. Accidental sports injuries outside of school hours are covered under this policy. If a player has private health insurance any claims must be made against the insurer. Any balance not covered by them can be claimed from the Allianz School Insurance. Allianz is not as restrictive on private treatment and the number of physio sessions covered by the LGFA Injury fund.