



heartaid

MOBILE CARDIAC SCREENING

Why Heartaid?

Heartaid provides a doctor led cardiac screening service to schools, sports clubs & associations across Ireland.

The screening includes:
Personal & Family History Questionnaire
Cardiovascular Physical Examination
12 Lead Electrocardiogram (ECG)
Cardiologists Report

What is Involved in the Test?

Personal & Family History Questionnaire

This is a list of questions that will help our doctor identify people that might be at risk.

Physical Examination

A physical examination will be carried out by a medical doctor. The examination will include recording your blood pressure & BMI. The doctor will also examine your heart for murmurs & irregular heart rhythm.



12 Lead ECG

This allows the doctor to assess the rhythm of the heart & give an idea as to whether there are any defects in the electrical conduction of the heart. It gives information in relation to some of the common inherited heart defects. It can provide information on heart muscle function. The effects of high blood pressure can also be seen.

The patient is connected to a recording device by a series of fine cables which are attached to the chest wall by sticky electrodes. The test takes approx. 5 minutes & is performed by a Medical Professional. The medical data & ECG will be forwarded to our Consultant Cardiologist to be analysed.

Report

Heartaid's Consultant Cardiologist will analyse the medical information. We will then send the results back to you within a short period of time. If there is a suspicion of a cardiac abnormality you will be recommended to undergo further cardiac testing.

How long will the test take?

After completion and validation of a consent form, screening should take approx. 15 minutes.

How often should I have a Test

Best international practice indicates cardiac screening every 2 years.

Testimonials

Shane O'Neill, Cork Senior Hurling Player

"I found Heartaid's cardiac screening service to be very well run. They were very helpful & flexible when organising the screening for the panel of players. I would definitely recommend this service to every sports person to help detect silent cardiac abnormalities while also providing it at an affordable price."

Billy Holland, Munster Rugby Player

"I found Heartaid's cardiac screening service to be very professional and well run. It is great to have peace of mind to know that my heart is in decent working order. I would encourage everyone to be screened, too many young lives have been needlessly lost due to Sudden Adult Death Syndrome."

Occupational Health Nurse – Irish Multinational

"We recently used heartaid for cardiac screening as part of a health promotion initiative within our company. It was great to be able to offer employees such an important service while at work and I would not hesitate in recommending Heartaid to any company."



Ed Donovan of Heartaid, Conor Gormley & Mark Donnelly – Tyrone Senior Footballers

If you would like to book a Screening please contact us: Tel. 1890 300 333 or by Email: screening@heartaid.ie

www.heartaid.ie