



Ithaca Avengers Women's Rugby

EMERGENCY ACTION PLAN

For Home Games

MEDICAL DIRECTOR /Safety Officer

First Name: Ithaca College Public Safety Last Name: _____
Mobile Phone: (607) 274-3333 Occupation: _____

EMT (optional)

Name: _____
Mobile Phone: _____
Company Name: (____) _____
Company Phone: (____) _____

AMBULANCE (Optional)

Company: _____
Address: _____
Phone Number: (____) _____
Is ambulance on-site? Yes or No
If not, is ambulance dedicated? Yes or No

CERTIFIED ATHLETIC TRAINER (ATC(s)) (Required)

Name: Tim Koba (Cayuga)
Mobile Phone: (____) _____
Company Name: (607) 252-3580
Company Phone: (____) _____

PHYSICIAN (Optional)

Name: _____
Mobile Number: (____) _____
Company: _____

PREFERRED HOSPITAL (based on proximity and quality)

Facility Name: Cayuga Medical Center
Emergency Department Phone: (607) 274-4011
Location: 101 Dates Drive, Ithaca, NY 14850
Driving directions from venue:

Take a right from field onto Textor circle. At the circle, take your first right to leave campus. At the light, make a right onto 96B (Danby Road). Continue on Danby Road onto South Aurora St. Turn left onto Prospect St. and continue onto E. Clinton St. In .6 miles, turn right onto S. Meadow Street. Turn left onto West Buffalo Street. You will begin to see "H" signs for hospital. Travel 1 mile up the hill. In 1.2 miles, turn right at the entrance to Cayuga Medical Center and follow signs to the emergency

MEDICAL PLAN (Required)

ATC will arrive to game site at least 30 minutes before kickoff to attend to any taping needs of participants. During the match, ATC will be in bright pinny and enter the field of play to address any injuries.

Ice and water will be available at the pitch. Home field has direct access point for EMS vehicles.

If a player is diagnosed by a qualified healthcare professional that they sustained a concussion, the home team coach reminds the player's coach of the USA Rugby Policy regarding Concussions which includes the 5 Rs shown below as well as compliance with the IRB Concussion Guidelines.

An AED is located in adjacent shed accessible to the field. The AED will be kept at the training table during matches.

In case of an injury the procedure will be (Required):

ATC on site will be responsible for treating minor injuries to players and for caring for more serious injuries until EMS personnel arrive. The ATC makes the decision and calls 911 to request EMS (ambulance). The ATC provides care until EMS personnel arrive and assists with emergency care as needed. Pertinent info (cause of injury, vital signs, treatment rendered, medical history) shall be provided to EMS personnel, as appropriate.

Ithaca College Public Safety Department must be contacted following contact with EMS. Please provide:

- Your name
- Location of injured athlete is "Lower Allan Field"
- Number of individuals injured
- Notify them that you have called EMS to the scene

The home team advises the coach of the player's team to assign someone to accompany the athlete to the hospital as well as bring pertinent medical history of the player and their personal belongings, including medical insurance card and ID.

It is the responsibility of the ATC to document actions taken during the emergency response. These documents will be used to evaluate the emergency response. This record will aid in decisions made concerning future training and possible improvements in the emergency action plan