



USARUGBY

EMERGENCY ACTION PLAN

MEDICAL DIRECTOR

First Name: Valerie Last Name: Rogers
 Mobile Phone: (732) 899-8959 Occupation: Teacher

EMT

Name: _____
 Mobile Phone: _____
 Company Name: () _____
 Company Phone: () _____

AMBULANCE

Company: Lincroft First Aid & Rescue
 Address: 59 Hurleys Lane
 Phone Number: (732) 842-0640
 Is ambulance on-site? Yes or No (No)
 If not, is ambulance dedicated? Yes or No (No)

CERTIFIED ATHLETIC TRAINER (ATC(s))

Name: Tom Corbo
 Mobile Phone: (732) 403-4889
 Company: _____

PHYSICIAN

Name: _____
 Mobile Number: () _____
 Company: _____

PREFERRED HOSPITAL

Facility Name: Everview Medical Center
 Emergency Department Phone: (732) 741 2700
 Location: Red Bank, NJ

Driving directions from venue:

From the park, turn right on to Newman Springs Road for 2.3 mi
Use the right jughandle to turn left on Half mile Road for .6 mi
Turn Right on W Front Street 1.9 mi
Turn Left on N Washington St to Everview Plaza

MEDICAL PLAN

(Example) There will be one (1) ambulance at the facility from _____ (start time) to the end of all matches. There will be one EMT accompanying the ambulance with radio band contact. In addition, there will be () trainers, () for each field that will arrive no later than () a.m. in order to tape and prepare the players for the first game. Ice, water, tape, chairs, tables will be provided at the medical tent.

In case of an injury the procedure will be:

If injury occurs during warm ups or outside of a schedule game the athlete should report to the medical tent for assistance. The first medical staff to the scene will conduct a primary on-field assessment. If the injury is not serious the medical staff will bring the athlete to the sidelines and conduct a secondary assessment. If the injury is serious the tournament ATC and EMT will take the field and assist. Together the ATC and EMT will inspect the athlete and determine if the ambulance is needed for transport to the hospital. The medical director will assist in organizing hospital transport for the athlete by private vehicle (with family or friend) if an ambulance ride is declined. All major treatment of injuries will be recorded in a medical report by the medical staff that administered treatment. The medical director will collect the reports at the end of each day of competition.

If there is a dispute over the medical care of an athlete this must be brought to the attention of the medical director and the incident will be recorded in writing. Situations such as this will be dealt with on a case-by-case basis.

*(see attached)
 for additional info*

Monmouth RFC Emergency Action Plan

This plan is applicable for all home rugby matches for the Men's, Women's, and U19 held at Thompson Park in Lincroft, NJ. At all home matches there will be an onsite certified ATC with no later than 30 minutes prior to each match. The ATC shall be trained in the use of an AED which will also be provided on site by Monmouth RFC. The trainer will be equipped with supplies to treat and stabilize injuries on site including ice, water, tape, first aid, etc. In the event of an injury the following procedures will be implemented in the event of an on field injury.

- The onsite ATC will first assess the player to determine the severity of the injury
- If the player is able to move to the sideline, he/she may do so to conduct further assessment and treatment
- In the event of a head injury, the ATC will conduct an assessment of the player and determine if further review is necessary or able to return to the field in accordance with USA Rugby head injury procedures
- If the severity of the injury is such that the player is immobilized, an ambulance may be called to transport the injured athlete. The medical director will assist in the using the following steps.
 - o Call 911 to report the injury
 - o Contact the Thompson Park rangers to notify that an ambulance will be responding to the call
 - o Complete an injury report with the Thompson Park staff as needed
- If an injury does not require transportation, but requires additional treatment, the medical director will coordinate transportation with a family member or friend.

Additional Information:

Thompson Park Ranger Station 732-842-4000 ext 4298