

EMERGENCY ACTION PLAN -

For Home Games

MEDICAL DIRECTOR /Safety Officer

First Name: _____ Last Name: _____
Mobile Phone: (_____)
Occupation: _____

EMT (optional)

Name: _____ Mobile Phone: _____ Company Name: (_____)
Company Phone: (_____)

CERTIFIED ATHLETIC TRAINER (ATC(s)) (Required)

Name: Professional PT, New York, NY.
ATCs assigned the week of the games. Mobile Phone: (_____)

AMBULANCE (Optional)

Company: _____ Address: _____ Phone Number: (_____) Is
ambulance on-site? Yes or No
If not, is ambulance dedicated? Yes or No

PHYSICIAN (Optional)

Name: _____ Mobile Number: (_____) Company:
Company Name: (_____)
Company Phone: (_____)

AED (defibrillator)(Required): Supplied By: **Our ATC have advised that it is the responsibility of the venue to have one during sporting events.** (ATC, Team ???) Operated
By:

PREFERRED HOSPITAL (based on proximity and quality):

PREFERRED HOSPITAL

Mount Sinai Hospital

One Gustave Levy Place (Madison Avenue between 98 th and 102 nd)

ER Phone: 212-241- 6639

Driving directions from venue:

Exit Randall's Island via RFK Bridge. Take left lanes for FDR Drive S Exit. Continue onto FDR Drive. Take Exit 15 towards E 106 th Street. Merge on to FDR Drive. Turn right onto E 106 th St. Turn left onto 5 th Avenue/Museum Mile. Turn Left onto E 98 th Street.

URGENT CARE FACILITY

Cure Urgent Care: 175 E 96 th Street, NY, NY
212-772- 4292

REGIONAL TRAUMA CENTER

Harlem Hospital Center, 506 Malcolm X Blvd, New York NY 10037.

Level 1 Trauma Center

Driving directions from venue:

Exit Randall's Island via RFK Bridge. Take 2 nd Ave Exit towards Harlem River Drive N/125 th St. Follow signs for Harlem River Drive and Merge onto 2 nd avenue. Take exit 21 for E 135 St towards Madison Avenue Bridge. Merge onto E 135 th Street. Turn right onto Lenox Ave/Malcolm X Blvd.

MEDICAL PLAN (REQUIRED)

NYRC's ATC from Professional PT will be present prior to, during, and shortly after the game. NYRC requiring taping or other attention from an ATC will present themselves to the trainer.

More substantial issues may activation of the 911 system and contact with NYC Parks personnel.

INJURY PLAN (REQUIRED)

If injury occurs during warm ups or outside of a scheduled game, the athlete should present him or herself to the ATC for assistance (or ATC should be notified and seek out the player).

The first medical staff to the scene will conduct a primary evaluation. If the injury is not serious, the medical staff will bring the athlete to the sideline to conduct a secondary assessment.

If the athlete cannot transport himself or herself to the sideline then the coach should be notified to coordinate assistance, and await further instruction from the ATC or designee.

If the injury is serious or if the injury occurs during a scheduled match, the following protocol will be followed:

- ☐ Referee or Coach or other witness will signal for medical.**
- ☐ ATC is summoned to field to immediately render assistance to the injured athlete.**
- ☐ ATC and player determine if additional medical assistance is required or if an ambulance needs to be dispatched.**
- ☐ If an ambulance is required, a person will call and remain the main point of contact, directing them towards the correct field to render assistance to the injured athlete.**
- ☐ Bystanders shall not make any determination regarding injury or render assistance to an injured player unless he or she is an ATC, EMT, or other medical professional (RN, MD, DO).**
- ☐ If the athlete is suspected have a head injury or have suffered a concussion, the athlete must be removed from the field of play and evaluated by the ATC.**