

Rochester Women's Rugby EMERGENCY ACTION PLAN

D3 Rochester Women do not have a set ATC or EMT.

When we do have EMTs or trainers to cover games those names will be added and updated in the EAP.

AMBULANCE Company: ___Henrietta Volunteer Ambulance___ Address: __280 Calkins Rd, Rochester, NY 14623_____ Phone Number: (585)_[334-4190](tel:5853344190)_ Is ambulance on-site?- No

If not, is ambulance dedicated? Yes

PREFERRED HOSPITAL

Strong Memorial Hospital

Phone Number: (585)_275-2100___ Emergency Department Phone: (585)
[273-4170](tel:5852734170) Location: __601 Elmwood Ave Rochester, NY___ Driving directions from venue: ___head north on E. Henrietta Rd for 4.4 miles

Use left lane to take NY-15 exit

Continue onto East River Rd .5 miles

Keep right onto Kendrick Rd

.7 miles then turn right on Elmwood ave, entrance .2 miles on right

Other close care center

Rochester Immediate Care Henrietta

Address- 2685 E. Henrietta Rd, Henrietta, NY

Phone- 585 444-0058

Directions

Head north on E. Henrietta Rd

Is on left after 1.4 miles

Next to Walgreens before Calkins Rd

MEDICAL PLAN

There will be at least one EMT or ATC from the start of a home match to the end of that match or all matches happening that day. If an ATC is covering a match that day will have them arrive no later than an hour before match kickoff in order to tape and prepare the players for the game. In case of an injury- If injury occurs during warm ups or outside of a scheduled game the athlete should report to the EMT or trainer for assistance. During game play if injury occurs EMT or trainer will conduct a primary on-field assessment. If the injury is not serious and further assessment is needed medical staff will bring the athlete to the sidelines and conduct a secondary assessment. If the injury is serious ATC or EMT will determine if an ambulance is needed for transport to the hospital. If ambulance ride is declined the coach or extra players will assist in organizing hospital transport for the athlete by private vehicle (with family or friend) if any.

Emergency contacts for hospitals will be kept in the med kit. Also for every active player a card of basic info, emergency contact and any medical condition and allergies will be in the med kit.