

**THIS APPLICATION IS FOR A PLAYER IN THE U14 AGE CATEGORY WISHING TO
PARTICIPATE ON A CONTACT RUGBY TEAM IN A DIFFERENT GENDER CATEGORY.**

SECTION 1 - PLAYER INFORMATION

APPLICANT'S NAME:

GENDER:

HEIGHT (cm):

WEIGHT (kg):

DATE OF BIRTH (dd/mm/yyyy):

CLUB:

ACTUAL AGE CATEGORY:

REQUESTED AGE CATEGORY:

PLAYING POSITION:

NUMBER OF YEARS OF PLAYING RUGBY:

HAVE YOU PREVIOUSLY PLAYED MIXED GENDER RUGBY:

REASON FOR REQUEST:

RUGBY ONTARIO USE ONLY:

APPROVED

NOT APPROVED

DATE:

SIGNATURE:

SECTION 2 – ASSESSING COACH INFORMATION AND ASSESSMENT

NAME:

DATE:

HIGHEST COACHING QUALIFICATION LEVEL:

NCCP NUMBER:

WORLD RUGBY ONLINE COURSES COMPLETED:

- | | | |
|-------------------------|-----|----|
| • RUGBY READY | YES | NO |
| • CONCUSSION MANAGEMENT | YES | NO |

The above coaching qualifications MUST ALL be fully met in order for this application to be valid for the purpose of assessing an exemption for the players to participate in competitions in a different age or gender category. The coach is to assess the player against the following four criteria using the factors for consideration listed in Appendix A of this form as guidance. If the answer is no to any of them, then the player shall not be considered capable of competing safely with players in the proposed age and gender category.

CRITERIA	EXPLANATION	ASSESSMENT	
Physical Development	Does the player’s level of physical development allow both the applicant and all other players to compete safely in the requested age and gender category?	YES	NO
Skill Level	Is the player’s skill level comparable with other players in the requested age and gender category?	YES	NO
Experience Level	Does the player have similar experience levels to compete with other players at a comparable standard of competition in the requested age and gender category?	YES	NO
Competition Standard	Is the standard of competition in the requested age and gender category suitable to allow both the applicant and all other players to complete safely?	YES	NO

This is to attest that the player’s physical development, skill level and experience are such that the players is capable of competing safely with players in the requested gender and age category. I have explained to the player and their parent/legal guardian that the player will be competing with and against players of a different gender and possibly in a different age category and this may involve increased risk.

COACH’S SIGNATURE:

SECTION 3: PHYSICIAN OR SPORT MEDICINE SPECIALIST

This is to confirm that, based on my understanding of the physical and competitive environment expected for the applicant on the mixed gender team, an examination has indicated that he/she is physically capable of participating in that level of competition.

CHOOSE ONE: PHYSICIAN SPORTS MEDICINE SPECIALIST

NAME:

DATE:

SIGNATURE:

SECTION 4: PARENT/LEGAL GUARDIAN INFORMATION

This is to confirm that:

- I am a parent or legal guardian of the applicant
- I have read the [World Rugby Mixed Gender Rugby Guideline](#) and fully understand and accept the risk associated with the applicant competing with and against players of a different gender who may be stronger and/or more physically developed.
- The assessing coach has explained to my satisfaction that:
 - In his/her opinion, the applicant's physical development, skill level and experience is at a level that he/she is capable of competing safely on a mixed gender team, even though the applicant's physical development, skill level and experience may differ from that of the players he/she will play with or against
- I have discussed the risks and coach's assessment with the applicant
- I am satisfied with the medical assessment
- I may request the exemption to be revoked for safety reasons

PARENT/ LEGAL GUARDIAN NAME:

PARENT/ LEGAL GUARDIAN SIGNATURE:

DATE:

All applications must be submitted to the Rugby Ontario office via email to edigiulio@rugbyontario.com

Before the applicant can play in the requested age category, written confirmation approving the application must be received from Rugby Ontario.

APPENDIX A

The minimum qualification required by a coach to provide a risk assessment of the applicant is a current:

- NCCP Competition Introduction (Level 2) certificate; and
- World Rugby - Rugby Ready certificate; and
- World Rugby - Concussion Management for the General Public Certificate; and
- Coach registration with Rugby Canada.

In conducting any assessment, the coach should take the following common factors into consideration:

- What is the player's level of physical development (e.g. height, weight, build) when measured against potential playing colleagues on the mixed gender team?
- Is the player physically equipped to compete on an equal basis with players in the competition?
- Will the player's skill level place them on an equal basis with eligible players on the mixed gender team?
- Is the competition at a level in which the player can compete safely?

In conducting an assessment for a player to participate in a higher age category, the coach should take the following additional factors into consideration:

- Does the player have a sufficiently high skill level specific in relation to both his/her playing position and to the game's fundamentals (e.g. tackle, pass, ruck, maul, scrum)?
- What is the player's level of experience?
- Is the player reasonably experienced and has he/she gained that experience in a comparable standard of competition?
- What is the standard of competition in the requested age group?
- Does the player undertake a regular strength training program? If so, how many times a week does he/she complete strength training and who provided the program?
- What was the nature of the strength program that was completed over the last month?
- For how months/years has the player been doing regular strength training?

In addition to the above considerations, if the player's position is in the front row of the scrum (prop or hooker), then the coach must also consider:

- How many years of front row experience does the player have?
- Was he/she a front row player during the previous season?
- If the player missed a game through injury in the previous season, what was the nature of the injury?
- What coaching qualifications does the player's current coach have?
- Has the player received any specialist front row coaching in the last 2 years?
- If so, what type of coaching was received and who provided it?
- What are the coaching qualifications and experience of the specialist coach?

In conducting an assessment for a player to participate in a lower age category, the coach should take the following additional factor into consideration:

- Does it provide for a possible increased risk of injury to other players?

Once the coach has completed and signed the assessment, it should be explained to the player's parent or legal guardian.