



WHA Youth Summer Programmes

We are pleased to announce another year of the successful WHA Summer Programmes in 2021. Following a disruptive year, we look forward to getting back into the swing of things early next year and supporting our athletes in their development journeys. The return of National U18s, Regional U15s and National Secondary Tournaments will make for an exciting year for our aspirational players. 2021 will see some minor changes to the way we structure our Summer Programme to ensure we are providing a fantastic development experience – most notable is the addition of a specific match play day which we feel will add value and enjoyment.

Purpose

The U18 and U15 Summer Programme's are a pre season training block designed for players with capability and aspiration to represent Wellington. The programme provides a quality learning and preparation phase as we lead into the playing season and representative trials. The Summer Programmes will also form an important part of the selection process for the 2021 intakes for the EXTEND and EXCEL Squads (players who want to apply for the Squads must be involved in the Summer Programmes).

Focus

Technical and tactical development aligned to long term development and ability to perform at the representative level and beyond. Each week will include a combination of skills, combative and match play.

People

The programme will be led by WHA staff Dane Lett and Bjorn Dix, aptly supported by quality trainers and GK specialists, accessing our best local people to provide an impactful development experience for players.

Structure

The programme will consist of 2x weekly sessions over a 6 week period through February/March. The sessions will be split into a technical training day and a match play day. The technical day will be skill focused, the match play day will be half field games.

- U15s – starting 11 Feb and finishing 18 March
 - Monday 5-6.30pm
 - Thursday 5-6.30pm
- U18s – starting 10 Feb and finishing 17 March
 - Tuesday 5-6.30pm
 - Wednesday 5-6.30pm

Note: We are encouraging and supportive of players participating in summer sports and will work around those other commitments to ensure individuals can manage both and can form an appropriate weekly training schedule. We are comfortable with compromising some of the hockey sessions and ask that any players with clashes communicate in advance.

Cost

\$250 per player

Note: for any individuals facing financial difficulties there is the WHA Participation Fund which we encourage you to explore for support.

Applications

Applications are open to any athletes that wish to develop and have aspirations of representing Wellington in 2021. The programme is aimed at our more competent athletes so it is expected that players will possess a certain competency level. For those who sit outside of this, the WHA Explore programme would be a more suitable development opportunity. To apply, please complete the online application form before the cut off date of Friday 4th December:

<https://forms.gle/wU7hY1UYXnvZjNJ69>

Selections

Final selections will be made and emailed out to all registered athletes by Wednesday 9th December. Each programme has a maximum capacity so positions will be limited. Selections will be based on the considerable information we have from 2019/20 performances in programmes/teams and factoring current capability, potential talent and performance fundamentals. Where relevant we will engage with respective coaches.