

Castlebar Mitchels GAA Club Smoke-Free policy

[Castlebar Mitchels GAA Club is committed to reducing the use of tobacco and its harmful health effects by adopting the GAA'S Smoke - free policy.

Aim: To protect the health of all individuals involved with the club by keeping them safe from all tobacco related harm.

Rationale: Castlebar Mitchels recognises that tobacco use and exposure to second-hand smoke is severely harmful to health, in particular to the health of children. There is no safe level of exposure to second hand smoke. The policy will help change social norms around tobacco use, encourage people to consider quitting and reduce the initiation of smoking amongst young people.

The club has therefore imposed a smoke-free policy that will apply to both internal & external areas including:

- Playing Pitches and Spectators Areas
- All areas of An Sportlann, including the balconies
- Club and Social Meeting Rooms
- Changing Rooms
- Toilets
- Near Open Windows
- Near Entrances and Exits of Buildings, Facilities and the Grounds
- Gymnasium
- There are NO designated smoking areas

This policy applies to all members, officials, coaches, players, parents, visitors, volunteers, patrons of bar, and attendees at events/functions. We believe that we are setting a positive example for the community with genuine concern for everyone's health.

Timing: This policy will commence on the 2nd November 2018.

Enforcement and non- compliance: The club will use no smoking signs both internally and externally to promote the smoke- free policy. Committee members will monitor compliance in the club grounds. The following strategy will be followed if anyone breaches the smoke- free policy:

- ✓ Assume that the person is unaware of the non-smoking policy
- ✓ A committee member or club representative will approach the person breaching the policy and politely ask them to refrain from smoking and remind them about the non-smoking policy
- ✓ If the offence continues, a senior member of staff will intervene

Policy Review: This policy will be reviewed six months after its introduction and then on an annual basis thereafter by an Executive Committee representative. This will ensure that the policy is sustained, effective and up to date.

Castlebar Mitchels GAA Club is committed to following the GAA'S Smoke- free policy

Signed: _____ Date: _____

Finian Joyce, Club Chairperson

Castlebar Mitchels GAA Club