

Waterford GAA Health & Wellbeing Updates.

March 9th 2020.

A Chara,

Since my appointment as Chairperson of the Waterford County GAA Health & Wellbeing Committee I have been proactive in my efforts to promote the topic. The purpose of this letter is twofold:

1. To seek support and expressions of interest from your club in moving the H&W agenda forward.
2. To provide updates.

Expression of Interest: I am keen to hear from interested persons within your club who may wish to discuss the matter further and become involved at county level. It is so important that we reactivate our county committee. I can be contacted at chair.hwc.waterford@gaa.ie by March 31st.

Healthy Club Officer: Please submit the name of your club Healthy Club Officer by March 31st to chair.hwc.waterford@gaa.ie. This will provide me with some vital information in creating a database and identifying the good work that is ongoing locally.

Substance Use Policy: The GAA are working hard to increase awareness of substance use dangers and have updated the GAAs Substance Use Policy to be adopted by clubs-attached. To assist you in the process I also enclose a step by step guide how best to adopt the policy. The third attachment is the updated contact list and supports available.

Healthy Club Project: Two Waterford clubs namely Mount Sion Hurling and Camogie Club and Gaultier GAA were selected to participate in phase 4 of the Healthy Clubs project. It will run for 18 months until October 2021. Both clubs were in attendance at Croke Park on Saturday February 1st for the National Club Orientation day and launch.

I look forward to working with all clubs on this important issue and establishing a county committee in the not too distant future.

Is mise.

Terry Hayes.

Chairperson.